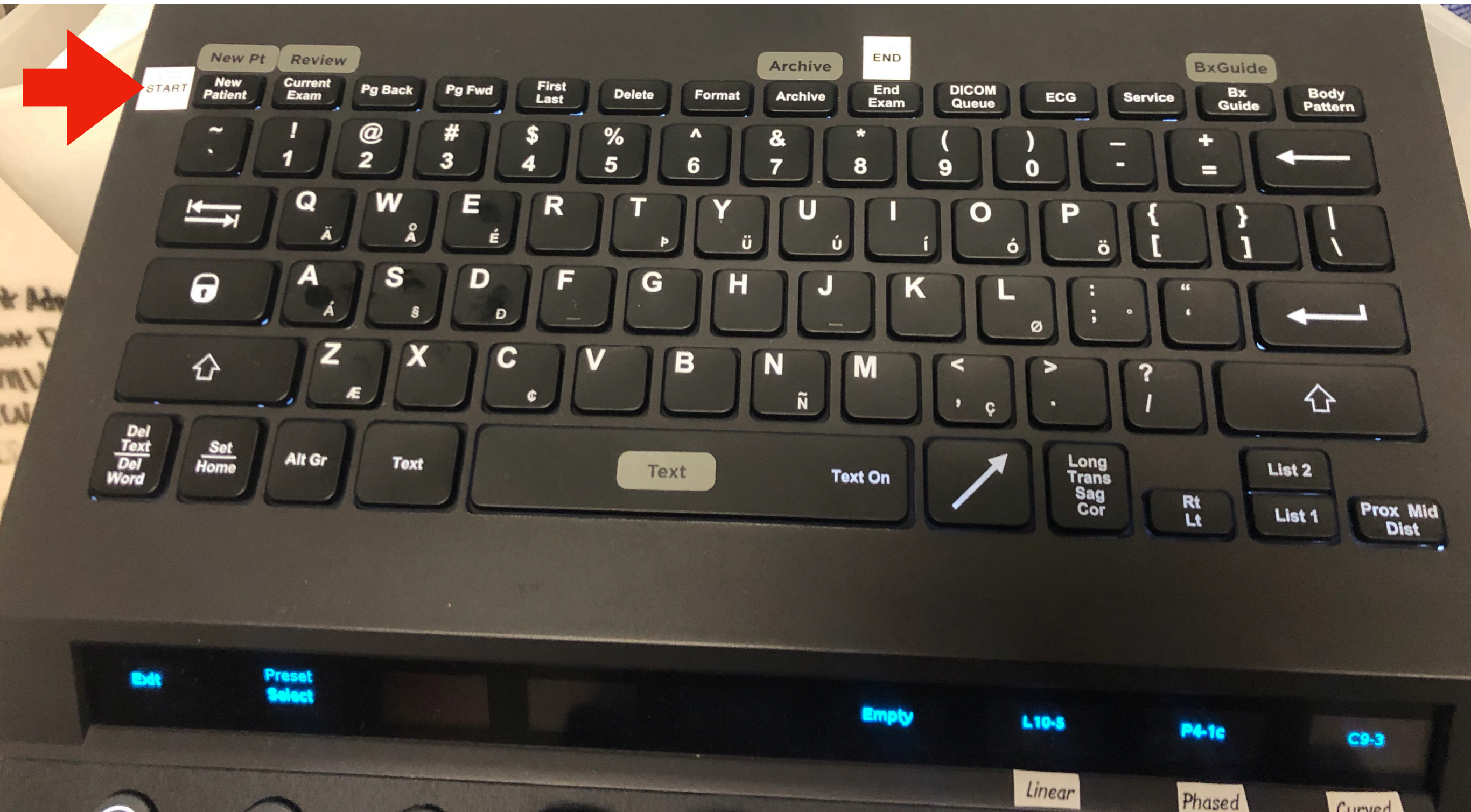


POCUS User Guide

Zonare Z one Pro

Step 1: Click New Patient



Step 2: Enter Pt Info

(Must include ALL ★)

Patient Information Hide Info

Xducer: L10-5 Exam: Small Parts Preset: Soft Tissue

Last: ★ PAULIN

First: ★ DANI Middle: Gender: ?

ID: ★ 13745 Accession:

DOB: - - (MM-DD-YYYY) Age:

Operator: ★ DPAULIN (YOUR EMAIL)

Ref.Phys:

Attd.Phys: ★ DPAULIN

StudyDes: ★ SOFT TISSUE

Comments: ★ 36 YO F SUPER EXCITED ABOUT THE NEW ZONARE!!!

Study Types:

- APPX
- BLADDER
- CARDIAC
- FAST
- HEAD
- INTUS
- IVC
- LUNG
- MSK
- NG STUDY
- OB
- OPHTHO
- PBJ STUDY
- PELVIC
- PYLORIC
- RENAL
- RUQ
- SOFT TISSUE
- TESTICLE
- VASC

Exit

New

Worklist

Pat.Log

Restart

Details

Step 3: Click Still



Step 4: Click EXIT

Patient Information Hide Info

Xducer: L10-5 Exam: Small Parts Preset: Soft Tissue

Last: PAULIN

First: DANI Middle: Gender: ?

ID: 13745 Accession:

DOB: - - (MM-DD-YYYY) Age:


Operator: DPAULIN (YOUR EMAIL)

Ref.Phys:

Attd.Phys: DPAULIN

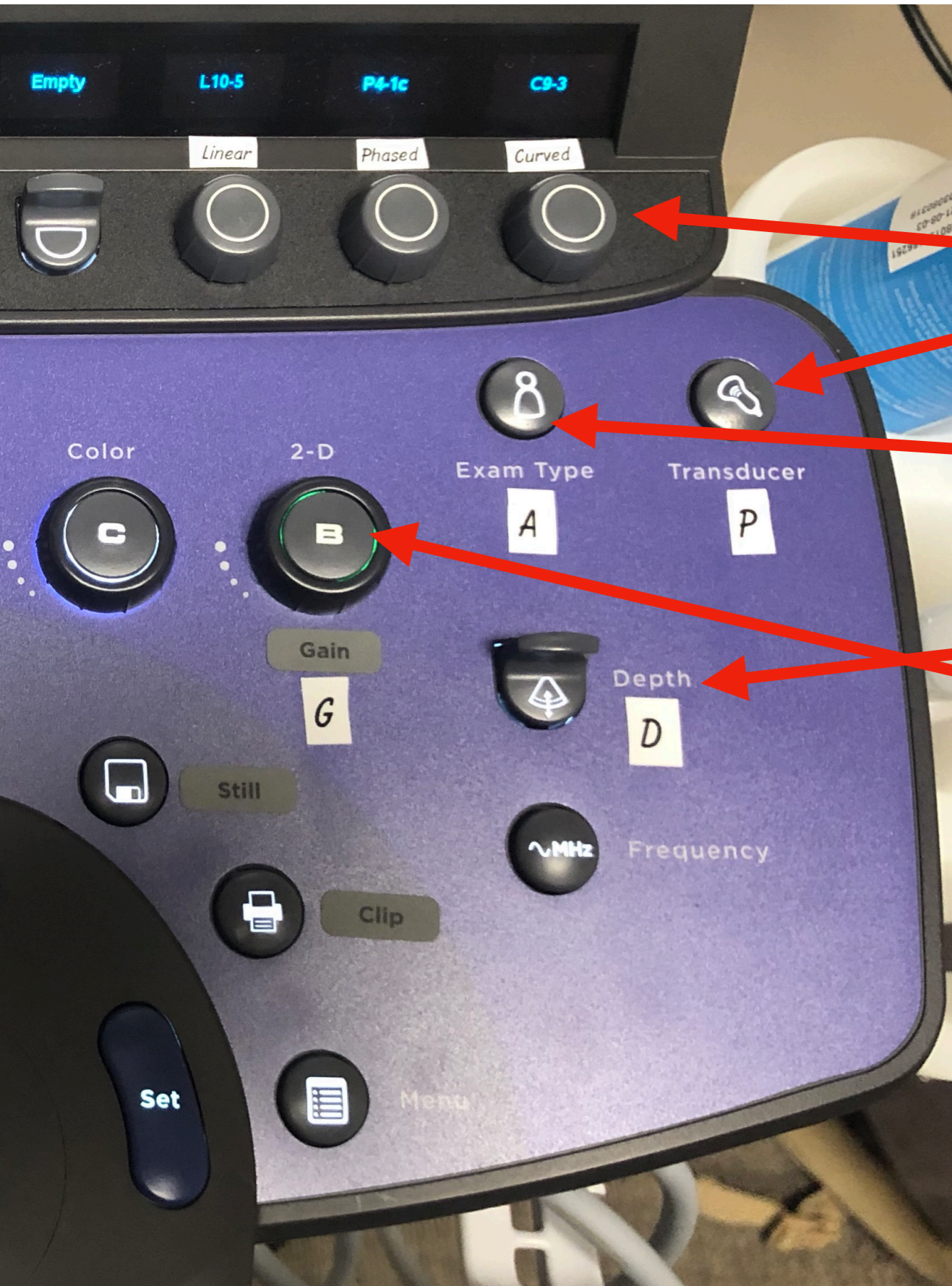
StudyDes: SOFT TISSUE

Comment: 36 YO F SUPER EXCITED ABOUT THE NEW ZONARE!!!



Exit New Worklist Pat.Log Restart Details

Step 5: ?PADGO



? What is my clinical question?

Probe (Transducer)

Application (Exam Type)

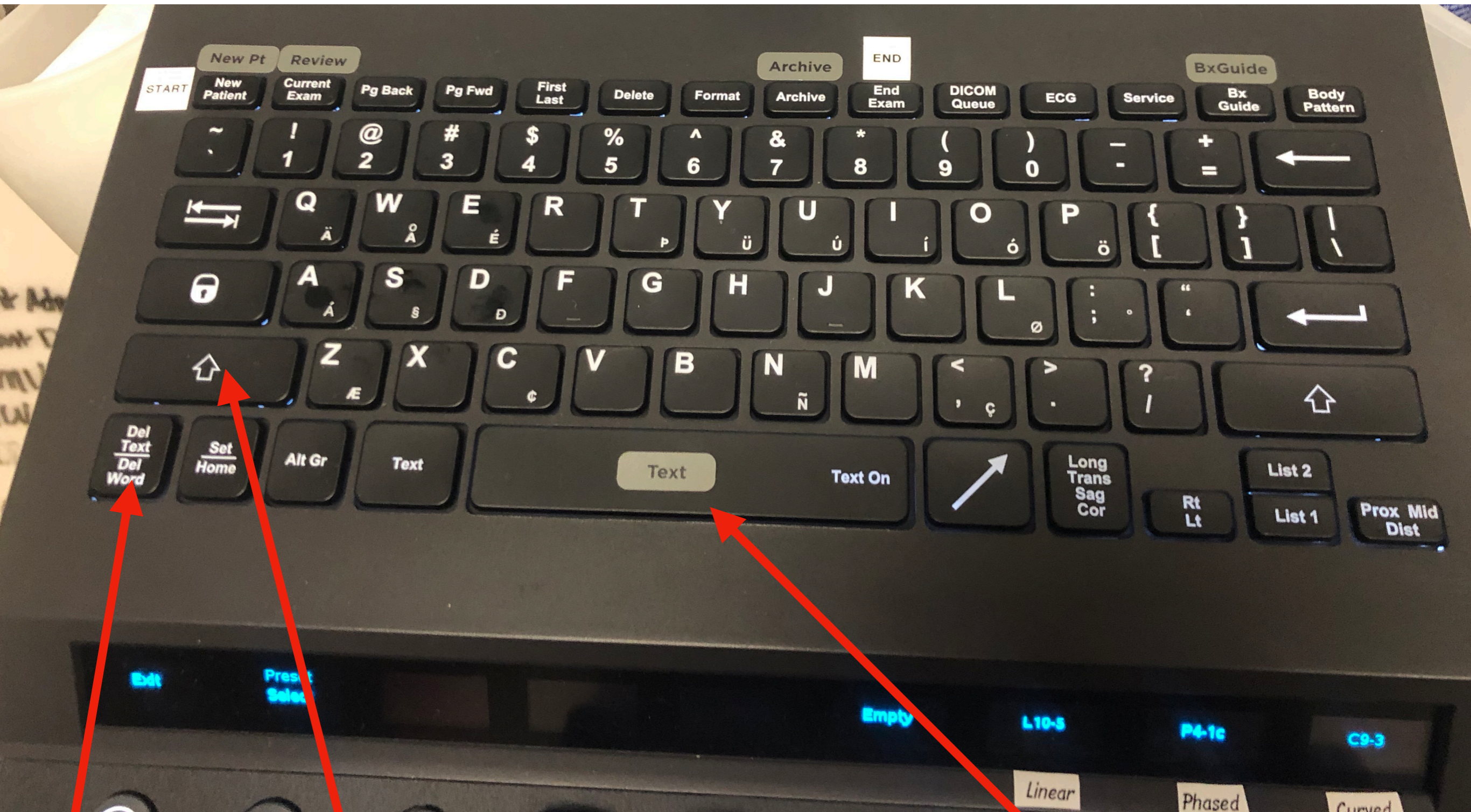
Depth

Gain

Orientation

(look for your probe marker)

Step 6: Labeling

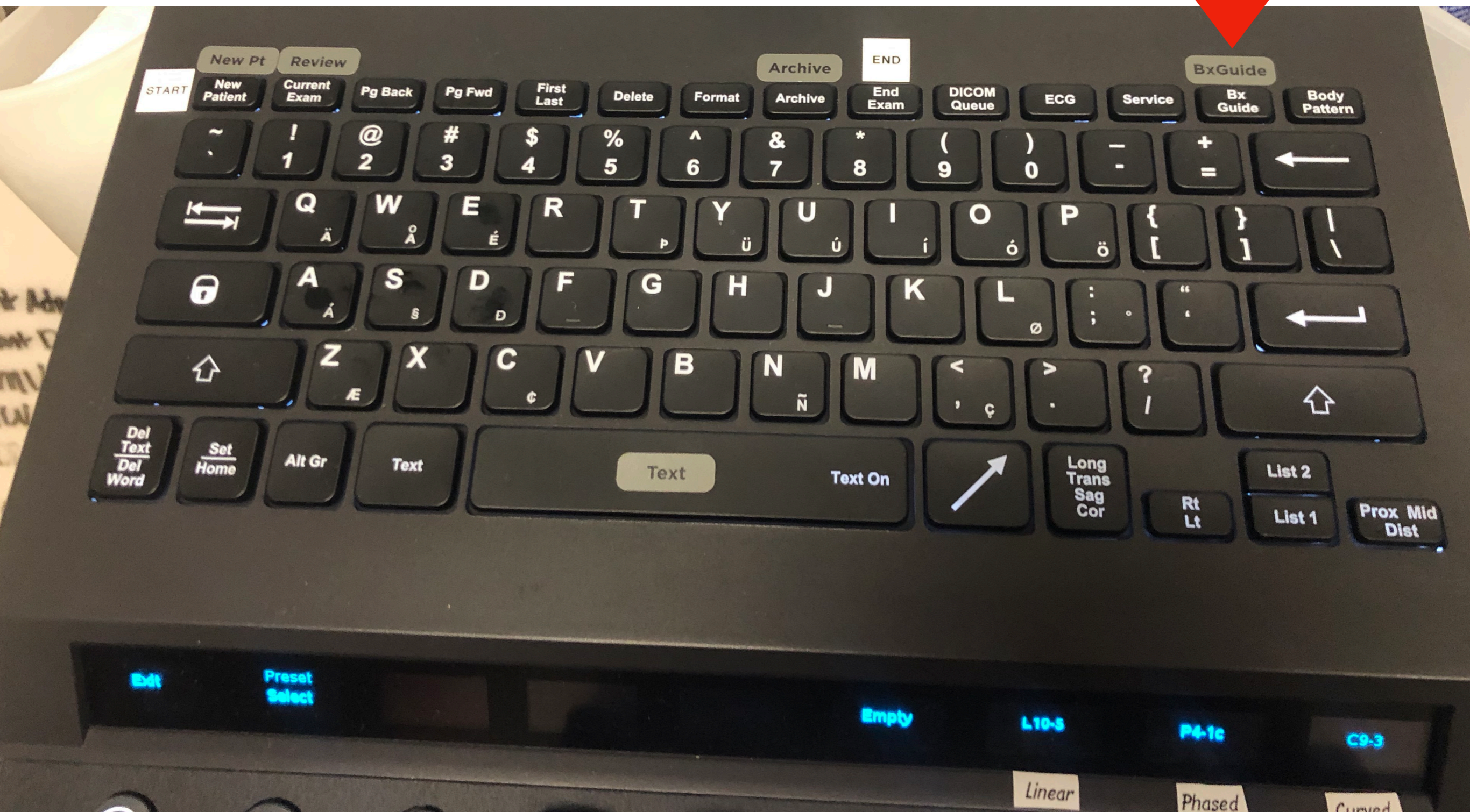


SHIFT + Del Text CLEARS ALL text

Click to enter text

Click to DEL text

Step 7: Add center guideline



Step 8: Measuring distance



1. **FREEZE** image
 2. **Click MEASURE**
 3. **Move cursor with trackball**
 4. **Click SET** to set your first point
 5. **Move cursor with trackball**
 6. **Save a STILL image**
- Click MEASURE** again to add additional measurements.

Step 9: Saving a video clip



Step 10: Using Color Flow



Click Color again or 2D (B) to get out of Color Mode.

Step 11: Using Doppler



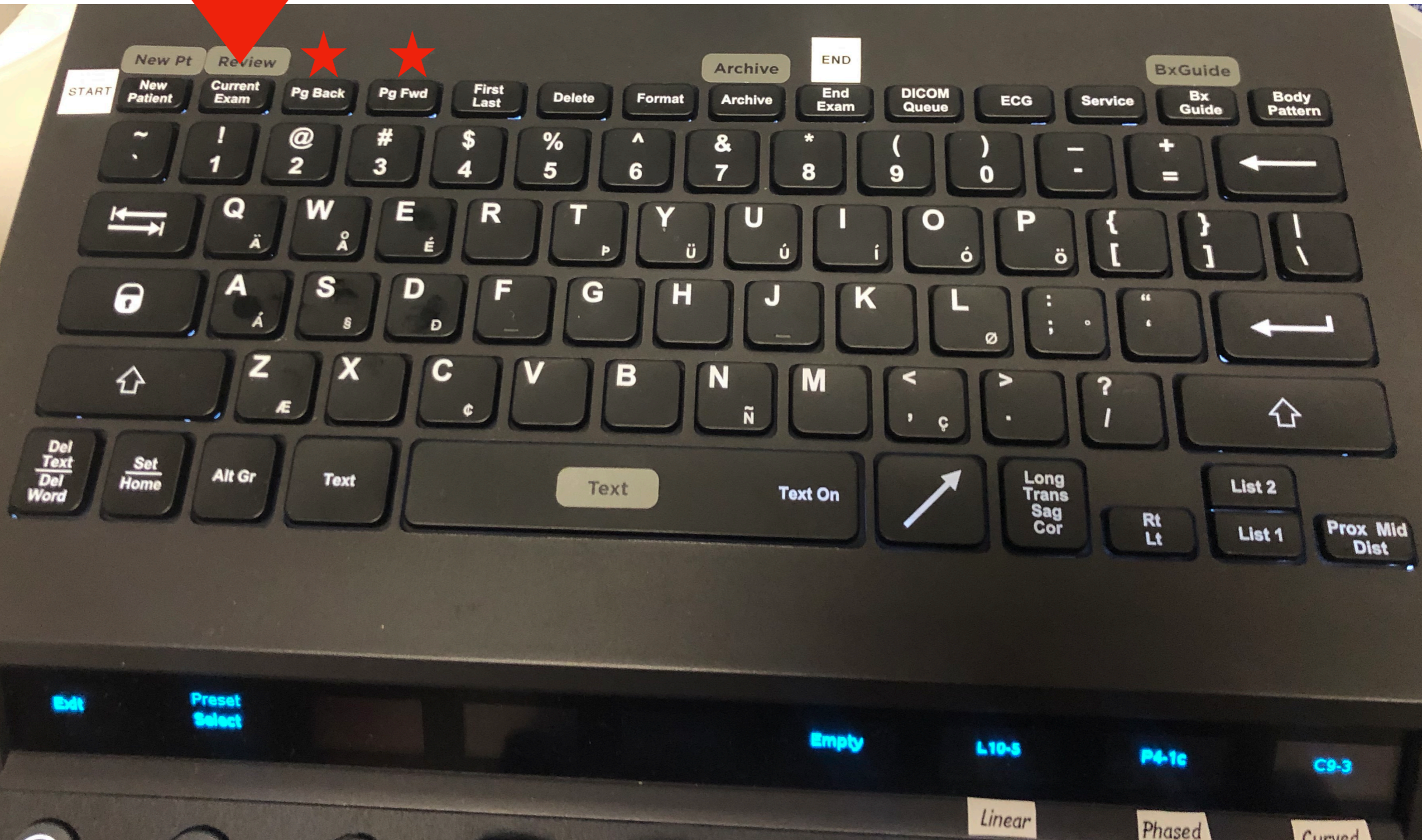
**Click once to place gate over area of interest. Click again to show waveform.
Click 2D (B) to get out of Doppler Mode.**

Step 12: Using M-Mode

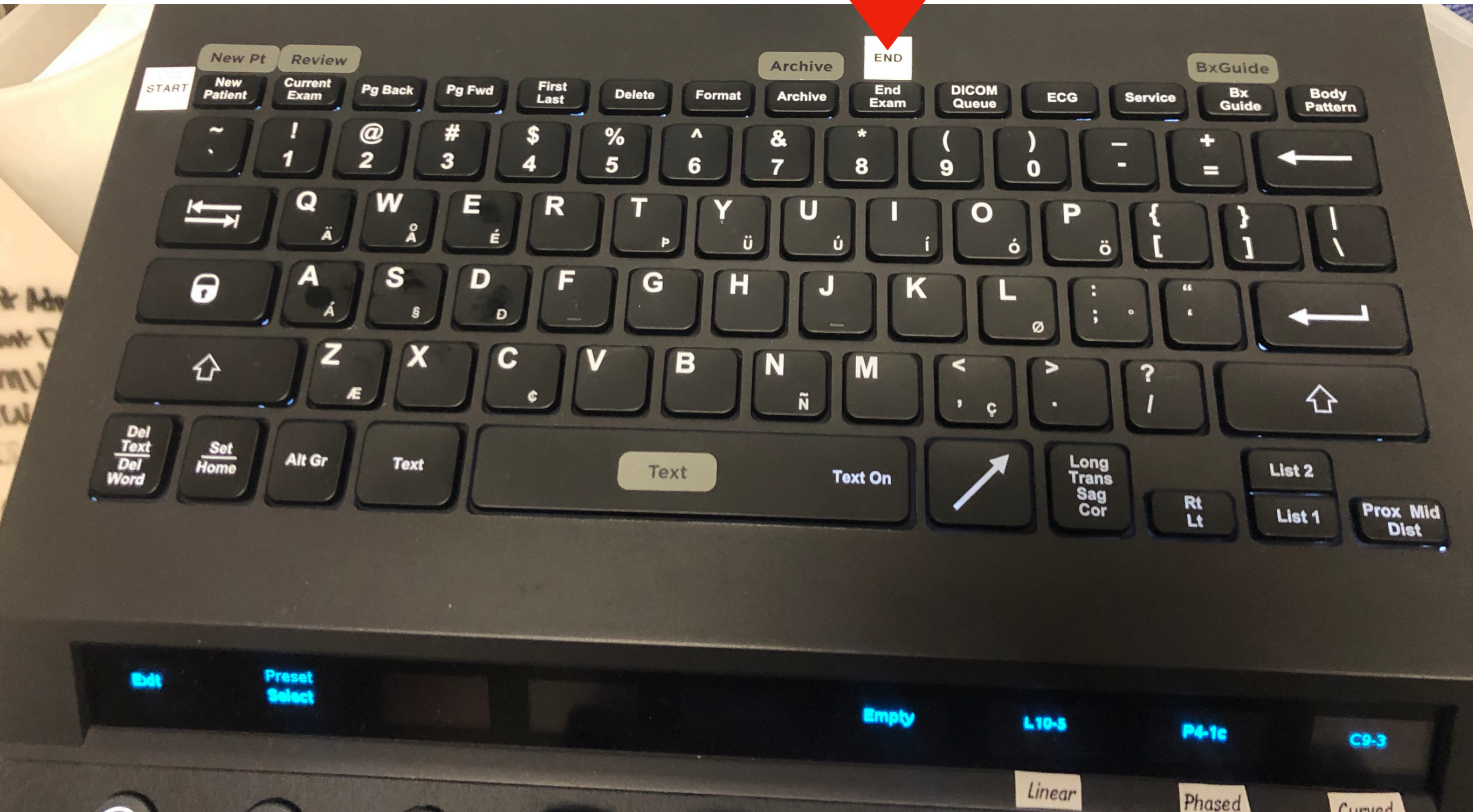
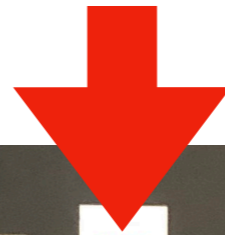


**Click once to place line over area of interest. Click again to plot motion.
Click 2D (B) to get out of M-Mode.**

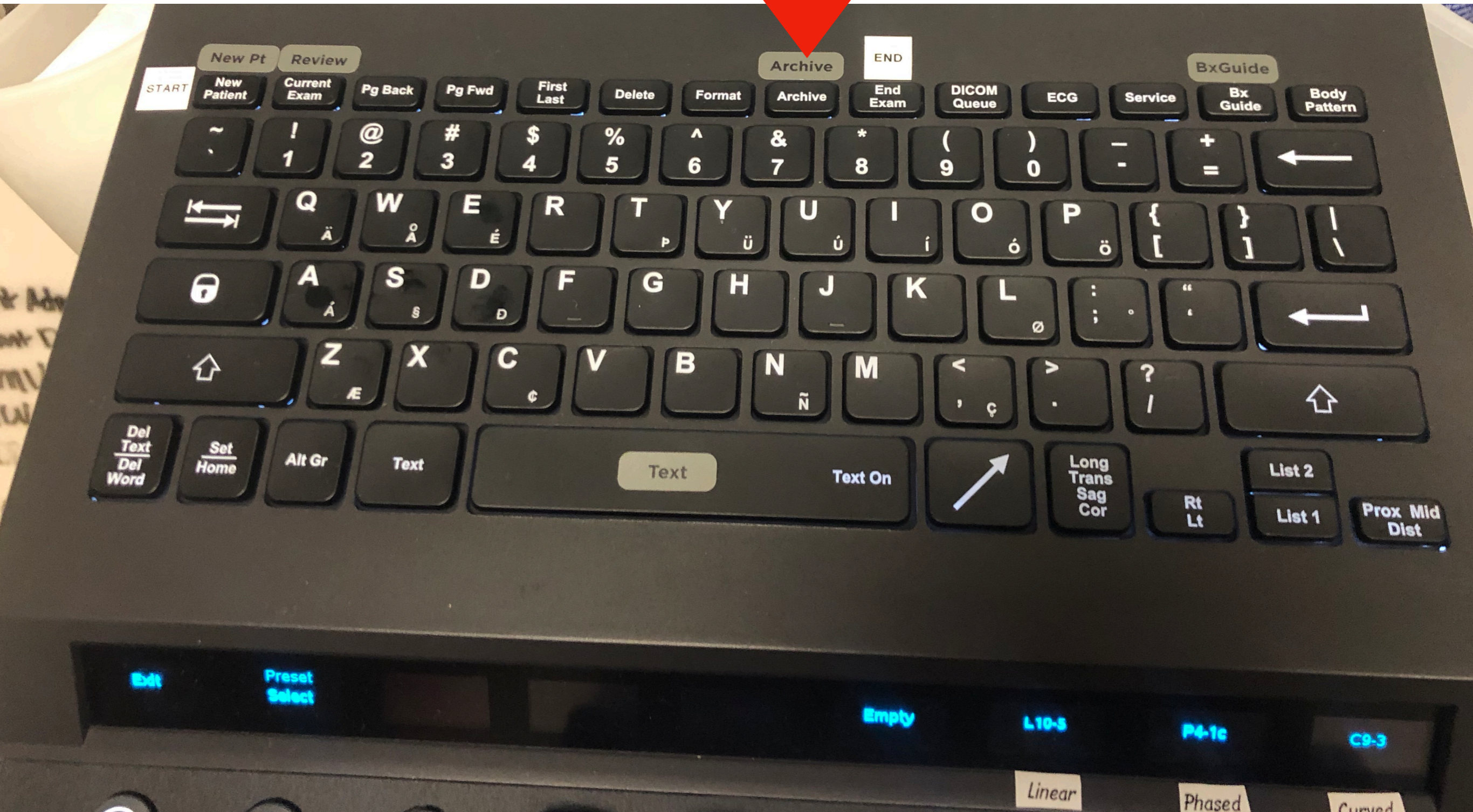
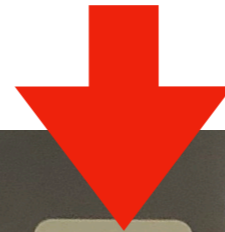
Step 13: Review Exam



Step 14: End Exam



Step 15: Find Prior Exams



Reminders

- Clean probes with GRAY WIPES ONLY (orange OK for c. diff). NO PURPLE WIPES.
- Studies must be saved WITH ALL PATIENT INFO if you are planning on referencing them in your notes or for credentialing.
- Remember to END YOUR EXAM, otherwise additional images may be added to another patient's study.
- Keep machine PLUGGED IN when not in use.
- DO NOT run over the cords.
- POCUS SAVES LIVES!!!
- Questions, comments, complaints to Danielle Paulin:
 - cell: 216-513-5431 (text or WhatsApp anytime)
 - dpaulin06@gmail.com
 - www.dpaulin06.wixsite.com/achpempocus
 - Twitter @achpempocus